

General Information



Where

Dance programs are held at the Pompositticut Community Center in Stow, MA, and the Sis McGrath Community Center in Pepperell, MA.

Registration

For Stow Workshops, please complete the registration form provided and mail with full payment. Please make checks payable to Jennifer McGowan, 130 Jewett Street, Pepperell, MA 01463.

For Pepperell Workshops, please register through the Pepperell Recreation Department and make checks payable to the Town of Pepperell. (<https://pepperellma.myrec.com>)

All sessions will be held with a minimum of six students. Early registration is recommended.

Tuition

Tuition includes cost of all art materials.

Refunds

In the case of an emergency, refunds will be given in the form of credit for a different workshop/class in full minus a \$25 processing fee. Credits must be used within a year.

Instructor

Jennifer McGowan, Dance Instructor and Director, has danced since her early childhood years and graduated from Skidmore College with a B.S. degree in Dance and a minor in early childhood education. Jennifer opened the Creative Dance Center in 1995 to share her love of dance with the community. Her philosophy is unique, to teach dance as an expressive art. At the Creative Dance Center we dance from our hearts for the pure joy of it!



Summer Dance, Arts & Yoga Programs for ages 4 and older

Sign up today and join in the fun!

www.creative-dance.com

Would you like to be added to our email list to receive news about upcoming classes and events???

info@creative-dance.com

Jennifer McGowan
130 Jewett Street
Pepperell, MA 01463



July 21 - August 15
2025



Jennifer McGowan's
Creative Dance Center
With Summer Programs Offered in
Stow and Pepperell, MA
978-433-8349
www.creative-dance.com



Summer DAY Workshops:



Dance, Arts, & Yoga

If you love to dance, create art, and do yoga, then this is the program for you. Summer DAY workshops invite you to explore dance, art, yoga, music, drama, and more. And, each workshop is designed with different themes so you can attend year after year for lots of creative fun. The summer program combines different age groups which allows for students of all ages to learn from one another. This also fosters confidence in younger students who benefit from watching and imitating the older students, and encourages leadership in older students. In addition to combined age group activities in which all the students work together, dancers have the opportunity to work in smaller groups according to their age level. Workshops are offered for children of all levels of experience. Join in the fun!

The creative arts help students to:

- ★ gain confidence and a positive self-esteem
- ★ learn problem solving skills
- ★ make discoveries about themselves, their friends, and the world around them
- ★ learn cooperation by working together as a group
- ★ learn to respect each other's unique style
- ★ learn spontaneity, leadership, and self-control
- ★ develop creativity
- ★ gain physical strength, flexibility, and stamina
- ★ develop good posture, balance, and coordination through dance exercises and yoga postures



Workshop Descriptions

Mini Dance, Arts, & Yoga Workshop (Ages 4-6)

A special dance camp designed for younger dancers. The day begins with a creative dance class where children can express themselves through movement. Dancers will explore yoga shapes, musical instruments, parachute play, dancing with colorful props, obstacle courses, and more. Dance class will be followed by a special art project. After a healthy snack brought from home, we will join together for songs and a story to end our day.

Pepperell Community Center, Pepperell, MA

AM Session: August 4—August 8 (M-F), 9:30-11:00am

PM Session: July 21 - July 25 (M-F), 3:30pm-5:00pm

Pompositticut Community Center, Stow, MA

Week 1: July 28 - August 1 (M-F), 3:30pm-5:00pm

Week 2: August 11-August 15 (M-F), 9:30-11:00am

Tuition:

\$110/5 days

Creative Dance, Arts, & Yoga Workshop (Ages 6-10)

The day begins with a creative dance class where children express themselves through movement. Students explore dancing to a variety of music and dance styles while developing age-appropriate skills and learning ballet and modern dance vocabulary. Dance class is followed by an art project integrating art and movement concepts. Each day will encompass a different theme. Then, we will enjoy a nut-free snack brought from home. A special activity will follow, which may include drama and theatre games, dance history, yoga games, story time, music for dancers, or free art. At the end of each day we will close our program with yoga and relaxation. Full day option is available.

Pepperell Community Center, Pepperell, MA

AM Session: July 21 - July 25 (M-F), 9:30am-12:00pm

PM Session: July 21 - July 25 (M-F), 12:30pm-3:00pm

Pompositticut Community Center, Stow, MA

AM Session: July 28 - August 1 (M-F), 9:30am-12:00pm

PM Session: July 28 - August 1 (M-F), 12:30pm-3:00pm

Tuition:

\$180/5 days morning/or afternoon session

\$350/5 days morning and afternoon session

(please bring nut-free lunch if attending both sessions)



Dance Choreography Workshop (Ages 7-13)

Each session begins with a dance class where students will learn dance steps and combinations to a variety of music styles and dance techniques, including modern, ballet, jazz, and world dance. Then they will work together to create a piece of choreography based on the style of dance. After, students will have the opportunity to explore other areas of dance performance including costume and set designing, dance history, theatre, and music, and visual art. Building on the belief that all children are artists, students will explore a wide variety of media including drawing, painting, collage, and sculpture. Dancers will conclude the day with relaxation and yoga. All levels welcome. There will be a short performance for parents on Friday at the conclusion of the program. (please bring a nut-free snack and lunch)

Pepperell Community Center, Pepperell, MA

August 4-August 8 (M-F), 11:30-3:30pm

Pompositticut Community Center, Stow, MA

August 11-August 15 (M-F), 11:30-3:30pm

Tuition:

\$285/5 days

