

Creative Dance

With Jennifer McGowan



Goals of the Dancers Workshop:

To share our love of dance with the community

To increase people's awareness of and appreciation for creative and expressive dance

To dance amongst a group of friends who respect and admire each other's unique ways of moving

Class/Rehearsal

*Rehearsals are held Thursdays from 5:45-6:40pm at the Stow Town Hall. Occasionally, an extra rehearsal will be added as needed before performance times. In addition to attending rehearsals, dancers are required to attend a creative modern dance class at their age level. Grades 3-6 meets Thursdays from 4:45-5:40pm and Grades 7+ meets Thursdays from 6:45-7:40pm. (Dancers can bring a nut-free snack)

*Good attendance is important for members. Rehearsals are like putting together a jigsaw puzzle – if one piece is missing, it is much more difficult to assemble the others and the picture is different. Therefore, to ensure a positive feeling of support and community within the group, **students who miss more than 2 rehearsals in a session without prior notification will be given an appropriately simplified part in the production.** If a dancer is sick or unable to attend rehearsal please show courtesy by calling in advance so the rehearsal can be planned accordingly.

Dancers Workshop Membership Fees

*Dancers Workshop Membership Fees are \$290 for the Fall session of dance (Sep 3, 2026-Dec 17, 2026.) This fee includes all rehearsals and performing costs. Tuition for the required modern creative dance class is \$192 for the Fall session. The total for the Fall session, including class and rehearsal times is \$482 plus our annual family registration fee of \$25 = \$507.00. A deposit is requested to save your place in class/workshop. Balance of workshop fees and class tuition will be due by the first rehearsal; however, payment plans can be arranged. Please don't let money prevent you from participating. I am happy to work with you to make it possible. Winter/Spring Session fees (Jan-May 2027) will be due January 7, 2027.

Costumes

*Dancers must have a solid black tank/camisole leotard/or fitted t-shirt for boys and black ankle-length fitted leggings. Most other costumes are provided by me and remain the property of the Creative Dance Center. Occasionally, additional costume fees will be requested.

Registration

*To register please complete the Dancers Workshop Contract and Class Registration/Release form (on the back of this notice) and return along with non-refundable registration fee of \$25 and tuition deposit no later than August 1 so I can plan on the number of dancers. This gives me time to choreograph dances before rehearsals begin. All forms/fees can be made payable to Jennifer McGowan, 130 Jewett Street, Pepperell, MA 01463. (No refunds will be given after the start of the session except in the case of injuries and family emergencies.)

Start of Classes

*Rehearsals begin Sep 3, 2026. On the 3rd, all dancers rehearse from 4:30-7pm. This includes our annual potluck welcome dinner for dancers. On September 10, 2026, the Junior Dancers Workshop (Grades 3-6) rehearse from 4:45-7:00pm and the Teen Dancers Workshop (Grades 7+) rehearse from 5:45-7:40pm. It is important that dancers attend these rehearsals as this is when choreography will be set for individual dancers. Regular class/rehearsal schedule will begin September 17, 2026.

Dancers Workshop will be hard work at times but will also be a lot of fun! You get to meet new people and make wonderful friends over time. You get to learn a lot about dance and feel accomplished after each performance knowing you did your best. You get to share dance with others and make people smile. And, you get to share laughs along the way! Be a part of the experience!

For more information please call 978-433-8349 or check out our website at www.creative-dance.com

Dancers Workshop Stow

(a performing dance company of young people ages 8 to 18)

2026-2027

Do you?

- like to dance and learn new steps
- like to perform in front of an audience
- like to choreograph (create your own dances)
- work hard and to the best of your ability
- enjoy working with groups of people
- like making new friends

Can you?

- concentrate and focus on a task
- be patient as we learn new dances
- cooperate and be part of a team
- work hard and practice even when you're tired and may not feel like it

Then Dancers Workshop is Right for You!

Performance Dates* for Dancers Workshop Members

- Sun, Nov 22, 2026, 5:30-8:00 pm, Rehearsal, Stow Town Hall
- Fri, Dec 4, 2026, Nursing Home Performance
- Sun, Dec 6, 2026, Winter Celebration of Dance, Stow Town Hall (Sunday, Dec 13, Snow Date)
- Fri, Dec 11, 2026, Nursing Home Performance
- Sun, Mar 14, 2027, 5:30-8:00 pm Rehearsal, Pepperell Community Center
- Fri, Mar 19, 2027, Nursing Home Performance
- Sun, Apr 11 or Sat, Apr 24, 2027, (TBD) Dance Share in Brattleboro, VT
- Sun, May 2, 2027, 5:30-8:00 pm, Rehearsal, Stow Town Hall
- Fri, May 14, 2027, 4:30-6:30 pm, Full Run Through, Stow Town Hall
- Sat, May 15 or Sunday, May 16, 2027, Afternoon of Dance Performance, Stow Hale Middle School Auditorium (To Be Confirmed)
- Optional Fieldtrips, Performances, and Dance Shares TBD

Please note:

*Being a part of the Dancers Workshop means being part of a team. Please make sure you can attend these performance dates before committing to participate. However, if you already know that you have a conflict with a rehearsal (due to a planned in advance family vacation or school event), it does not mean you can't be a part of the Dancers Workshop. Please talk with me as I would love to have you be a part of the group and it is possible we can make it work! I know that kids are busy with many activities and I want to honor that as best I can. All I ask is that you do your best to make dancers workshop a priority and to please let me know well in advance of any conflicts so I have time to plan and re-work the choreography for dances if necessary. I look forward to having you be a part of The Dancers Workshop! Thanks!

REGISTRATION AND CONTACT INFORMATION STOW 2026-2027 (Please print information clearly)

Name(s) _____ Date of Birth _____ Grade _____

Dancers Workshop Rehearsals Thursdays, 5:45-6:40pm and Creative Modern Dance Class Thursdays, 4:45-5:40pm (Grades 3-6) or 6:45-7:40pm (Grades 7+)

Parents _____

Tuition \$ _____

Address _____

Annual Registration \$25/ per family

Performance Fee (May 2027) \$30/per student (due Jan 1, 2027)

Phone Number (Home): _____

Discounts \$ _____

Phone Number (Cell): _____

(Deduct \$15 from total for 2+ family members in same household does not include summer programming or special workshops)

Emergency Contact: _____

Total Due \$ _____

E-mail _____

Does participant have any health conditions or medications of which the dance instructor should be aware? _____

Are there any restrictions? _____ If so, has physician, if necessary, approved a dance class? _____

Why would you like your child to take this class? _____

What is your profession? (I like to reciprocate business when possible) _____

Do you have any special talents/interests you wish to share during the year or at performance time? (ex. Musicians, composers, artists, sewing, etc.) _____

Siblings names/ages _____

For new students, where did you hear about the Creative Dance Center? _____

DANCERS WORKSHOP CONTRACT STOW

Dance Member:

I, _____, have read and understand the information stated above and agree to abide by this contract. I agree to attend weekly rehearsals, extra rehearsals scheduled before performance dates, and performances. I also agree to attend the required creative modern dance class for my age level. I will arrive at class and rehearsal on time ready to actively participate and promise to do my best. I understand that I am working as part of a team and I will do my part to help the team succeed. I understand that the joy of being a member of The Dancer's Workshop comes through hard work and dedication and willingly accept the challenge.

_____, _____
(member signature) (date)

Parent Guardian:

I, _____, give permission for my child, _____, to participate as a member of The Dancers Workshop, and I understand the commitment involved. I agree to get my child to weekly rehearsals and performances on time. If my child is sick and or unable to attend rehearsal I will call in advance to inform the teacher so she can plan accordingly. I will do my best to promote and support The Dancers' Workshop in any way I am able. I give permission for my child to have his/her photograph appear in dance brochures, flyers, social media, and other publicity to promote The Dancers Workshop and Jennifer McGowan's Creative Dance Center. I have read and understand the information stated above and agree to abide by this contract.

_____, _____
(parent/guardian signature) (date)

ASSUMPTION OF RISK AND AGREEMENT AND RELEASE 2026-2027

(Please read carefully, sign, and return to Jennifer McGowan prior to participation)

The Creative Dance Center, Pepperell Recreation Department and Stow Recreation Department does not discriminate on the basis of race, religion, nationality or ethnic origin in all of its programs and/or policies. Realizing and understanding that all reasonable precautions are being and will be taken to ensure the safety of the undersigned's child/ren and/or participants, the undersigned assumes all responsibility for and all risk of damage or injury that may occur to the undersigned and/or the undersigned's parent's/guardian's child or children as a participant in or leader of any activity occurring under the auspices of Jennifer McGowan's dance/yoga/theatre projects while attending activities, participating in activities or using dance studio's facilities or following instructions in or out of the dance studio location or while attending online classes on zoom. In consideration of being accepted as a student and/or participant and/or leader and/or teacher in or out of the dance studio location and/or being a parent or legal guardian of a student and/or participant at the dance studio location, the undersigned hereby releases and discharges the dance school and all its associated studios, schools, host organizations, sponsors, its owners, employees, and agents from all claims, demands, rights or causes of action, present or future, whether known, anticipated, or unanticipated; and resulting from or arising out of, or incident to, the undersigned's use or undersigned parent/guardian's child/ren's use (or intended use) of the dance studio location or facilities or equipment, or transportation or vehicles in such a place or as a result of, or incident to, engaging in Jennifer McGowan's dance activities or otherwise participating in such dance activities anywhere. I hereby wave, release and agree to hold harmless Jennifer McGowan, The Town of Pepperell and its Recreation Department, and The Town of Stow and its Recreation Department, sponsors, volunteers and staff. In the event that I'm unable to be contacted in any emergency, I hereby give permission to secure proper medical treatment for myself or my child. In addition I give permission for myself or my child(ren) to have my/his/her photograph(s) appear in dance brochures, flyers, social media, and other publicity for Jennifer McGowan's Creative Dance Center. I understand that the photograph will be used for Creative Dance Center purposes only.

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19: Jennifer McGowan's Creative Dance Center has put in place preventative measures to reduce the spread of COVID-19 according to state guidelines; however, JM's Creative Dance Center cannot guarantee that you or your child(ren) will not become infected with COVID-19. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 and will not hold Jennifer McGowan and Jennifer McGowan's Creative Dance Center liable. Furthermore, I affirm that neither I, nor any member of my household, currently has or has experienced any COVID-19 symptoms within the past 14 days. I will inform Jennifer McGowan's Creative Dance Center and discontinue classes if I, or any member of my household, develops any symptoms. On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless Jennifer McGowan's Creative Dance Center, its employees, agents, and representatives, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I have read and understand and sign the forgoing Assumption of Risk Agreement and Release/Photo Release/COVID-19 Waiver

Signature: _____ Date: _____
(parent/guardian or adult participant)