

General Information



Where

Dance programs are held at the Pompositticut Community Center in Stow, MA, and the Community Center in Pepperell, MA.

Registration

For Stow Workshops, please complete the registration form provided and mail with full payment. Please make checks payable to Jennifer McGowan, 130 Jewett Street, Pepperell, MA 01463.

For Pepperell Workshops, please register through the Pepperell Recreation Department and make checks payable to the Town of Pepperell. (<https://pepperellma.myrec.com>)

All sessions will be held with a minimum of eight students. Early registration is recommended.

Tuition

Tuition includes cost of all art materials.

Refunds

In the case of an emergency, refunds will be given in the form of credit for a different workshop/class in full minus a \$25 processing fee. Credits must be used within a year.

Instructor

Jennifer McGowan, Dance Instructor and Director, has danced since her early childhood years and graduated from Skidmore College with a B.S. degree in Dance and a minor in early childhood education. Jennifer opened the Creative Dance Center in 1995 to share her love of dance with the community. Her philosophy is unique, to teach dance as an expressive art. At the Creative Dance Center we dance from our hearts for the pure joy of it!



Summer Dance, Arts & Yoga Programs for ages 4 and older

Sign up today and join in the fun!

www.creative-dance.com

Would you like to be added to our email list to receive news about upcoming classes and events???

info@creative-dance.com

Jennifer McGowan
130 Jewett Street
Pepperell, MA 01463



July 8 - July 19 2024



Jennifer McGowan's
Creative Dance Center
With Summer Programs Offered in
Stow and Pepperell, MA
978-433-8349
www.creative-dance.com



Summer DAY Workshops:



Dance, Arts, & Yoga

If you love to dance, create art, and do yoga, then this is the program for you. Summer DAY workshops invite you to explore dance, art, yoga, music, drama, and more. And, each workshop is designed with different themes so you can attend year after year for lots of creative fun. The summer program combines different age groups which allows for students of all ages to learn from one another. This also fosters confidence in younger students who benefit from watching and imitating the older students, and encourages leadership in older students. In addition to combined age group activities in which all the students work together, dancers have the opportunity to work in smaller groups according to their age level. Workshops are offered for children of all levels of experience. Join in the fun!

The creative arts help students to:

- ★ gain confidence and a positive self-esteem
- ★ learn problem solving skills
- ★ make discoveries about themselves, their friends, and the world around them
- ★ learn cooperation by working together as a group
- ★ learn to respect each other's unique style
- ★ learn spontaneity, leadership, and self-control
- ★ develop creativity
- ★ gain physical strength, flexibility, and stamina
- ★ develop good posture, balance, and coordination through dance exercises and yoga postures



Workshop Descriptions



Creative Dance, Arts, & Yoga Workshop (Ages 7-12)

The day begins with a creative dance class where children express themselves through movement. Students explore dancing to a variety of music and dance styles while developing age-appropriate skills and learning ballet and modern dance vocabulary. Dance class is followed by an art project integrating art and movement concepts. Each day will encompass a different theme. Then, we will enjoy a nut-free snack brought from home. A special activity will follow, which may include drama and theatre games, dance history, yoga games, sing-alongs, story time, music for dancers, outdoor play, or costume designing. At the end of each day we will close our program with yoga and relaxation. Full day option is available.

Pepperell Community Center, Pepperell, MA

AM Session: July 8 - July 12 (M-F), 9:30am-12:00pm

PM Session: July 8 - July 12 (M-F), 12:30pm-3:00pm

Pompositticut Community Center, Stow, MA

AM Session: July 15 - July 19 (M-F), 9:30am-12:00pm

PM Session: July 15 - July 19 (M-F), 12:30pm-3:00pm

Tuition:

\$150/5 days morning/or afternoon session

\$300/5 days morning and afternoon session

(please bring nut-free lunch if attending both sessions)



Mini Dance, Arts, & Yoga Workshop (Ages 4-6)

A special dance camp designed for younger dancers. The day begins with a creative dance class where children can express themselves through movement. Dancers will explore yoga shapes, musical instruments, parachute play, dancing with colorful props, obstacle courses, and more. Dance class will be followed by a special art project. After a healthy snack brought from home, we will join together for songs and a story to end our day.

Pepperell Community Center, Pepperell, MA

July 8 - July 12 (M-F), 3:30pm-5:00pm

Pompositticut Community Center, Stow, MA

July 15 - July 19 (M-F), 3:30pm-5:00pm

Tuition:

\$100/5 days



Create Your Own Summer Dance Program

If you wish for a unique program that is designed especially for you, I am happy to work with you to create a program that meets your needs. Please contact me for details.

2024 Registration Form Summer Dance, Arts, and Yoga Program Stow, MA



Please complete registration form and return with tuition to Jennifer McGowan, 130 Jewett Street, Pepperell, MA 01463
For more information please contact info@creative-dance.com or 978-433-8349

(Please print information clearly)

Name (Child 1) _____ Program Title (s) _____
Date of Birth _____ Grade (entering in fall) _____ Dates _____ Morning/Afternoon Session _____
Name (Child 2) _____ Program Title (s) _____
Date of Birth _____ Grade (entering in fall) _____ Dates _____ Morning/Afternoon Session _____

Parents _____ Tuition \$ _____
Mailing Address _____ Town _____ Zip _____ Total Due \$ _____
Phone Number (Home): _____ Amount Paid \$ _____
Phone Number (Cell): _____ (Please make checks payable to Jennifer McGowan)

Emergency Phone Number: _____ Contact Name _____

E-mail _____

Does participant have any health conditions or medications of which the dance instructor should be aware? _____ If yes, what? _____
_____. If so, has physician, if necessary, approved a dance class? _____ Are there any restrictions? _____

Optional:

Why would you like your child to take this class? _____

What is your profession?(I like to reciprocate business when possible) _____

Do you have any special talents/interests you may wish to share during the year or at performance time? (ex. Musicians, composers, artists, sewing

Siblings names/ages _____

Assumption of Risk Agreement and Release Summer 2024

Please read carefully, sign, and return to Jennifer McGowan prior to participation

Realizing and understanding that all reasonable precautions are being and will be taken to ensure the safety of the undersigned's child/ren and/or participants, the undersigned assumes all responsibility for and all risk of damage or injury that may occur to the undersigned and/or the undersigned's parent's/guardian's child or children as a participant in or leader of any activity occurring under the auspices of Jennifer McGowan's dance/yoga/theatre projects while attending activities, participating in activities or using dance studio's facilities or following instructions in or out of the dance studio location or while attending online classes on zoom. In consideration of being accepted as a student and/or participant and/or leader and/or teacher in or out of the dance studio location and/or being a parent or legal guardian of a student and/or participant at the dance studio location, the undersigned hereby releases and discharges the dance studio and all its associated studios, schools, host organizations, sponsors, its owners, employees, and agents from all claims, demands, rights or causes of action, present or future, whether known, anticipated, or unanticipated; and resulting from or arising out of, or incident to, the undersigned's use or undersigned parent/guardian's child/ren's use (or intended use) of the dance studio location or facilities or equipment, or transportation or vehicles in such a place or as a result of, or incident to, engaging in Jennifer McGowan's dance activities or otherwise participating in such dance activities anywhere. In addition I give permission for myself or my child (ren) to have my/his/her photograph(s) appear in dance brochures, flyers, social media, and other publicity for Jennifer McGowan's Creative Dance Center. I understand that the photograph will be used for Creative Dance Center purposes only.

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

Jennifer McGowan's Creative Dance Center has put in place preventative measures to reduce the spread of COVID-19 including social distancing, cleaning of spaces, wearing of masks, minimizing class sizes, and other precautions according to state guidelines; however, JM's Creative Dance Center cannot guarantee that you or your child(ren) will not become infected with COVID-19. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 and will not hold Jennifer McGowan and Jennifer McGowan's Creative Dance Center liable. Furthermore, I affirm that neither I, nor any member of my household, currently has or has experienced any COVID-19 symptoms within the past 14 days. I will inform Jennifer McGowan's Creative Dance Center and discontinue classes if I, or any member of my household, develops any symptoms. On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless Jennifer McGowan's Creative Dance Center, its employees, agents, and representatives, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I have read and understand and sign the forgoing Assumption of Risk Agreement and Release/Photo Release/COVID-19 Waiver

This _____ day of _____, 2024

Signature: _____
(parent/guardian or adult participant)

Child/Participant's Name/s: _____